

## YMCA BOURNEMOUTH

Bournemouth/Poole/Christchurch

## DORSET'S GEM

# YMCA

Located in the Britain's South Coast, Bournemouth is a vibrant and colourful resort with miles of sandy beaches and panoramic views of the coastline, as well as a cosmopolitan and cultural town centre.

You will be surprised by the hundreds of restaurants and bars that come alive long after the sun has gone down.

### ABOUT THE YMCA...

Founded in 1848, YMCA is the oldest and largest youth charity in the world. Each local YMCA works across five key areas – Accommodation, Family Work, Health & Wellbeing, Training and Education, and Support and Advice – with the aim of enabling people to develop their full potential in mind, body and spirit. At the YMCA Bournemouth there are diverse departments helping to serve the needs of the local community set in several venues across the Bournemouth-Poole-Christchurch conurbation (see the red circles on the map below).

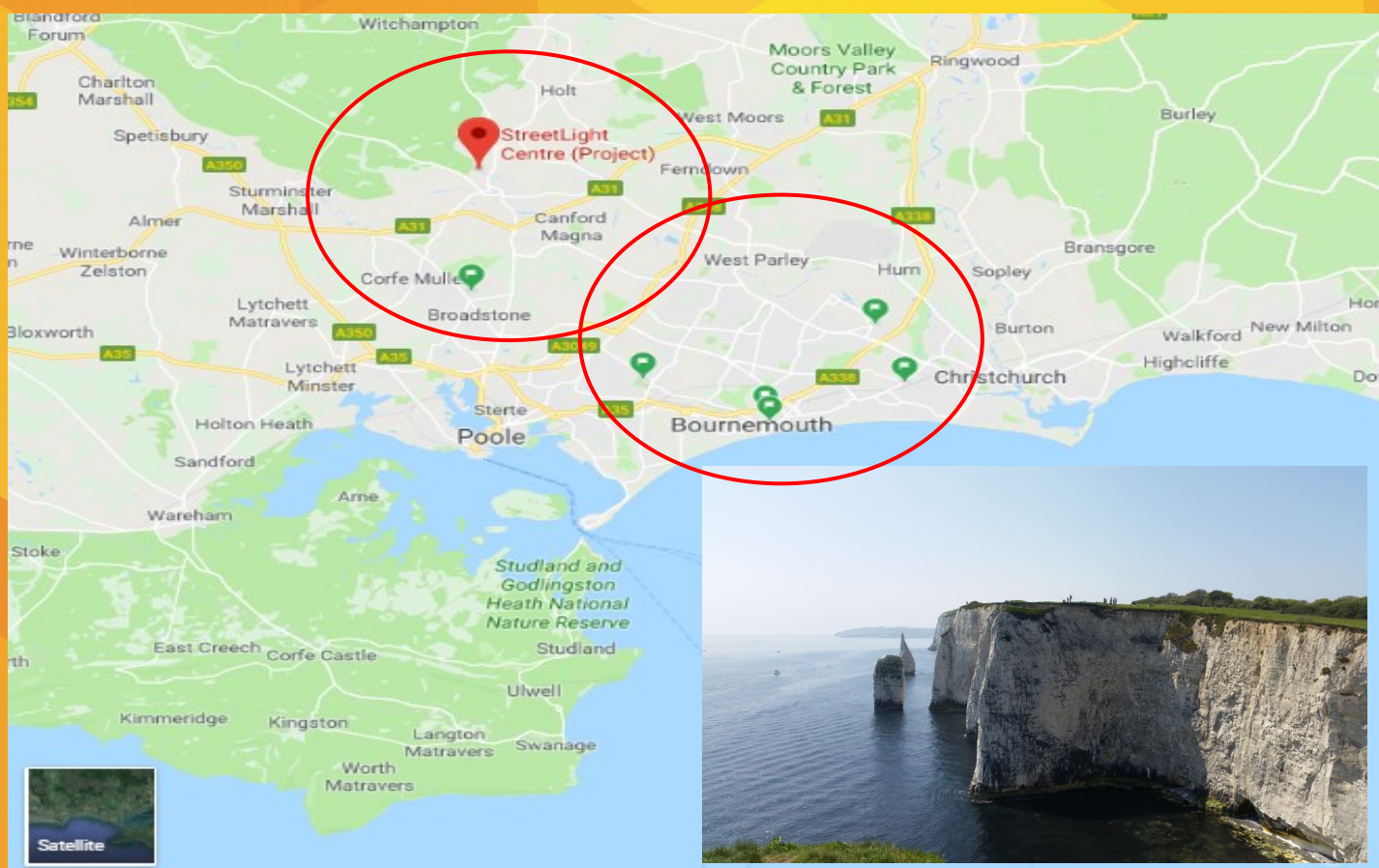


The *youth projects department* aim to make young people feel heard and valued, in a safe and comfortable environment.

*Housing* provides short-term supported accommodation for men and women aged between 18 and 65.

*Family work* area supports children and families to flourish.

*Health and wellbeing* encourages people to live an healthy and active lifestyle.





## YOUTH DEPARTMENT



### PROJECTS...

- Chatterboxes**

**What's about**

It's a youth action project run by disabled young people. Their aim is to have their voice heard, feel safe and engaged in their community and raise awareness towards disabilities.

**Who is involved**

Young people age groups:  
15-18 years old  
11-18 years old  
18-25 years old .

- Fusion Youth Club**

**What's about**

It's a non-alcoholic bar, a safe place for young people where they can hang out and play with their friends, use the basement provided with music devices and instruments, speak out on topics that might affect their lives.

**Who is involved**

13-19 years old young people.

- Home educated**

**What's about**

It aims to increase social skills and informal learning through arts and crafts, games, music and other activities.

**Who is involved**

10-16 years old young people.

- Youth Forum**

**What's about**

The aim is to promote youth action and ensure that the youth offer is relevant to the needs of young people.

**Who is involved**

Young people aged 16-25 representing all the YMCA Bournemouth Youth Projects.

### ...PROJECTS

#### Branksome Centre and Townsend Youth Centre

**What's about**

Their aim is to provide a place to increase social skills and informal learning through arts and crafts, sport activities, board games and cooking. It's particularly addressed to children and young people with difficult backgrounds, living in the most deprived area of the town.

**Who is involved**

8-13, 13-19 years old young people in Branksome  
5-8, 8-13, 13-19 years old young people in Townsend.

- Boscombe football project**

**What's about**

Like the name suggests, it's about playing football and having fun.

**Who is involved**

Young people 13-18 years old.

### YOUTH MARKETING

In this role, the volunteer is both based in the office and directly involved in the projects. One of the main task is to prepare promotional material for the events like posters and fliers. Another one is to gather information and to create designs to be added to the organisation's website. The involvement in the project is focused on taking pictures and filming videos to be shared on social media and on promotional material in





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## OTHER DEPARTMENTS



### MARKETING DEPARTMENT

This role takes place in one of the Delta House's office, 56 Westover Road. This venue is the hub of the YMCA housing provision. For this reason the marketing department is in charge to organize, deliver and promote the fundraising events with the purpose of raising money, mainly for the housing, but also for the other projects.

The main tasks can change according to the volunteer's competencies, talents and preferences. Below an example of what he/she could be involved in:

- Support in planning and delivering YMCA fundraising and promotional events.
- Contributing to marketing/fundraising meetings
- Help in producing promotional materials: magazines, posters, videos
- Support in creating and editing photo and video materials
- Assisting with administrative tasks within the office
- Updating social media outlets to promote the work of the organisation (Facebook, Twitter and Instagram).

### CHAPLAINCY AND HOUSING

This role, way more than the others, requires a spiritual and selfless personality but don't worry you'll still have a great deal of fun!

The volunteer is involved in different projects within and outside of the YMCA Bournemouth with an aim of supporting the housing team in its job with the residents and the local community.

The main projects the volunteer is involved into are:

**Snack and Chat:** informal environment for YMCA hostel residents to have a coffee, snack and socialize

**Medical Bus:** supervising people waiting to see the doctor, chat with them

**Prayer meetings:** supporting staff, praying for God's action within YMCA projects and in client's lives

**Half-time:** service for rough sleepers, serving them coffee, toast, giving them advice to help them get off the streets

**Overcomers Outreach:** support group for people struggling with addictions, Christ-centred.

**Bible study:** informal environment to read Bible with residents and answer their questions.

### CHILDREN'S SERVICE



- Assisting children aged 2-5 years with their care, learning and development needs
- Assisting with the preparation of free flow learning opportunities for all children considering their age and stage of development
- Support with general housekeeping duties and assist in preparing food (if certificated to do so)
- Report all safeguarding concerns to pre-school management
- Contribute to team and room meetings and attend some wider YMCA events and fundraising opportunities where possible
- This role takes place during school time only.

### THE LEISURE CENTRE



You don't need to have a former leisure experience as long as you enjoy being active and you like sports in general. This role takes place at the Junction in Broadstone which is the farthest of all the YMCA venues, be aware that you are going to travel 2 hours everyday back and forward. For this reason you will agree with your line manager a timetable suitable for your needs. The main tasks are:

- Assisting staff to provide after school clubs, pre-school coaching sessions, holiday clubs, swimming sessions and crèche which consists of taking care of the children while their parents are using the gym or doing fitness classes
- Assisting with administrative and marketing tasks within the office
- Attending and contributing to team meetings, attending relevant training as required.

### HOLIDAY CLUB in Townsend

This project is meant to give the children a fun place where to spend their days off from school. At the same time it gives the parents someone who takes care of their children while they are working. Every volunteer can be involved.





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If successful in your volunteer role you will be based in a amazing 2 floors flat in Pokesdown, a nice residential area 20 minutes away from the centre, by bus. You will share the apartment with the others 8 volunteers.

The house is structured as follow:

- 3 Single bedrooms
- 3 Double rooms (you will probably have a roommate during your stay)
- 2 Bathrooms
- 1 Kitchen
- 1 Livingroom (showed it in the picture).

*...Many thanks for your attention and hope to see you soon!*



Erasmus+

