

PHYSICAL LITERACY AND VALUE BASED APPROACH IN YOUTH WORK

European Sport YMCA (ESY) is running a youth mobility project and you are invited to participate!

The project is called “Physical Literacy and Value based Approach in Youth Work” and it will run from July until September 2021.



Participants must be able to attend seminars in **Denmark (July 5-9, 2021)** and **Italy (September 9-11, 2021)** and to take part in a **project between** the two seminars. The project addresses voluntary youth leaders with minimum three years of experience preferably within YMCA.



The project will train your skills in establishing projects and events for youth through methods of value based leadership and Physical Literacy (active lifestyle). The teaching is informal, involving and fun, and you will be part of an international group of 25 young leaders from seven European countries.

The project is financed by the EU (Erasmus+) and you will only contribute with your time and commitment.

You apply to participate in this project by filling in the attached application form and forward it to sport@cvjm.de.

For further information on the project contact:

Nadine Knauf
Referentin Sport
CVJM Deutschland
0561 3087-232
0176 42260940
knauf@cvjm.de
www.cvjm.de/sport





Application Form

I wish to participate in European Sport YMCA (ESY) project “Physical Literacy and Value based Approach in Youth Work”. By sending this application, I agree to let ESY handle my personal information due to the regulations set by the national organization represented in ESY.

I confirm that by attending the project I commit myself to participate in:

- ▶ **Pre-departure meeting:** an evening meeting in national organization (March/April)
- ▶ **Seminar 1**, Denmark, July 4-10, 2021 (traveldays included)
- ▶ A one-day event or **mini-project** in the national organization (July/August)
- ▶ **Seminar 2**, Italy, September 8-12 (traveldays included)

Name: _____

Date of birth: _____ Gender: _____

Address, city and postal code: _____

E-mail: _____

Phone: _____

Motivation for participating in this project:

Youth leading experience:

YMCA experience:

The project is also setting aside seats for participants with fewer possibilities such as refugee background, socially, physically or economically poor background. Please fill in if and how this applies to you:

Place, Date

Signature